Assessment and immediate interventions of syndrome of inappropriate antidiuretic hormone secretion (SIADH)

Acute and severe hyponatraemia (serum sodium <120mmol/L) with an onset less than 48 hours and moderate to severe symptoms requires urgent attention.8

Classification	Definition	Action
Acute hyponatremia	Serum sodium level <135mmol/LRapid onset (<48 hours)Moderate to severe symptoms	Emergency: Urgent intervention required • Seek urgent medical advice (Contact local emergency team, consult with senior clinician and ICU) • Address life threatening symptoms • Monitor and manage airways, breathing and circulation
Neurologically symptomatic hyponatremia	Serum sodium level <135mmol/LAny speed of onsetSevere symptoms (neurological)	
Chronic hyponatremia	Serum sodium level <135mmol/LKnown onset >48 hoursAsymptomatic or mild symptoms	Intervention requiredArrange medical reviewMonitor symptoms

